



Soulfully**BOLD**
COACHING

Equine Participation and Release of Liability Agreement

Pursuant to the Colorado Equine Activity Liability Act, Under Colorado Law, an equine professional is not liable for an injury to or the death of a participant in activities resulting from the inherent risks of equine activities, pursuant to section 13-21-119 of the Colorado Revised Statutes. In addition to posting of warning signs as required by said act, you, for yourself or as the parent/legal guardian for the below named minor child are hereby notified accordingly that Soulfully Bold LLC (from hereon, Soulfully Bold) and Sara Wood, are engaged in equestrian and other equine related activities. The very nature of equestrian and equine activities involves inherent risk and potential injury or even death to the participant. I acknowledge these risks and potential risks.

I feel that the possible benefits to me are greater than the risks assumed. I hereby grant permission and authority to Soulfully Bold and those acting on its behalf to obtain prompt medical attention in the event, I may become injured. Should medical treatment be required during or following my participation in an activity associated with Soulfully Bold, I agree that my insurance company shall pay for any and all expenses related thereto.

In consideration of Soulfully Bold allowing the participant to participate in this activity, I, on behalf of the participant, myself, the participant's and/or my heirs, personal representatives, and assigns, hereby agree to hold harmless, release and discharge Soulfully Bold, its employees, directors, and anyone associated, either directly or indirectly, with Soulfully Bold from any and all claims, demands, causes of action, and liability, whether the same be known or unknown, anticipated or unanticipated, due to Soulfully Bold and its representatives' ordinary negligence. I further agree, except in the event of Soulfully Bold gross negligence or willful misconduct, that I will not bring any claim or legal action against Soulfully Bold, its employees, directors, or anyone associated with Soulfully Bold.

I acknowledge that horses may react unpredictably to conditions, including, but not limited to, a sudden movement, loud noise, an unfamiliar environment, or the introduction of unfamiliar persons, animals, or objects. The horse also may react in a dangerous manner when a condition or treatment is considered hazardous to the welfare of the animal; a collision occurs with an object or animal; or a participant fails to exercise reasonable care, take adequate precautions, or use adequate control when engaging in a domesticated animal activity, including failing to maintain reasonable control of the horse or failing to act in a manner consistent with the person's abilities.



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I represent that I am in good physical condition, and I am not aware of any disease or injury that would be aggravated or result in my being incapacitated or injury that would be aggravated or result in my being incapacitated or injured during any program participation except as designated herein.

There also are risks that I may take while leading, riding, feeding or otherwise interacting with horses. I also understand that I can help to minimize the risks by carefully following the direction of the staff. I understand that activities involving horses carry inherent risks and can be potentially dangerous despite all safety precautions. A horse may behave in a manner that result in damages to property or an injury or death to a person. Risks associated with the activity may include but are not limited to injuries caused by bucking, biting, stumbling, rearing, trampling, scratching, falling, or butting.

The terms of this agreement shall be construed as the entire agreement and may not be altered, amended or modified except in writing and signed by both parties. This agreement shall be governed by the laws of the state of Colorado and shall remain in effect for each activity with Soulfully Bold.

Please Initial _____

Participation in Equine Activities

Equine coaching activities consists of work and relational development between participant, practitioner, and horses. With equine-facilitated activities, the aim is to develop your communication and relationship building skills through interacting with horses on the ground. Equine activities emphasize working in partnership with the participants in order to raise awareness of the way they experience the world around them.

The first few sessions will involve an evaluation of participant's needs. If at any point during the session, it is assessed that equine activities are not effective in helping the participant reach their goals, alternative options will be discussed to find the most appropriate course of action for the participant.

These activities are voluntary and you may withdraw at any time. It is understood that the equine-facilitated activities provided by Soulfully Bold/Sara Wood are NOT psychotherapy or counseling.

Please Initial _____



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Liability Release and Consent for Equine Activities

I, _____(please print name), take full responsibility for my choices and behaviors during and as a result of equine-facilitated activities. I release Soulfully Bold/Sara Wood, and _____ (facility) from any financial, legal, physical, or psychological impacts that result from my participation in equine activities, during and after sessions are completed, after sessions are terminated, and any future claims. I also understand that I am voluntarily participating in activities where social distancing may be not be feasible.

I release Soulfully Bold/Sara Wood and _____ (facility) from any COVID-19 related impacts that result from my participation in equine activities.

I have read and understood the information provided in this form and voluntarily agree to participate in equine activities and services and follow the participation, confidentiality, and policies stated above.

Photo and Video Release

I further grant Soulfully Bold, LLC the right to photograph, videotape, and/or record me and to use my name, face, likeness, voice and appearance in connection with exhibitions, publicity, advertising, and promotional materials without reservation or limitation.

Please Initial _____



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Signer Statement of Awareness

By signing this document, I acknowledge that I have received the equine release and hold harmless agreement and I have been provided an opportunity to review it, and I understand its terms and freely and voluntarily sign the same. I also acknowledge that I am 18 years or older.

Participant Signature _____

Printed Name _____

Date _____

Home Address _____

Phone _____

DOB _____

Emergency Contact Name and Phone _____



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Participant Agreement Form

This document contains information about equine-facilitated activities and the policies and services provided by Soulfully Bold, LLC. These policies will help promote a trusting and productive relationship. Please read it carefully and let me know if you have any questions.

Acknowledgement of Coaching

Client is solely responsible for creating and implementing his/her own physical, mental and emotional well-being, decisions, choices, actions and results arising out of or resulting from the coaching relationship and his/her coaching calls and interactions with the Coach. As such, the Client agrees that the Coach is not and will not be liable or responsible for any actions or inaction, or for any direct or indirect result of any services provided by the Coach. Client understands coaching is not therapy and does not substitute for therapy if needed, and does not prevent, cure, or treat any mental disorder or medical disease.

Please Initial _____

Confidentiality

Soulfully Bold, LLC and their coaching (zoom, equine, or otherwise) activities adhere to very strict confidentiality standards and maintains confidentiality about participation in equine activities and what is discussed during the sessions. We ask that participants in group sessions maintain confidentiality for others in the group also.

Please Initial _____



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Financial Agreements

Participants are expected to pay by credit card prior to or at the start of service. The cost for an individual 1:1 zoom coaching session is \$120; Session blocks of either 5 sessions at \$500 or a subscription of 2 monthly sessions at \$200/month can be purchased.

The cost for an individual equine-facilitated activity session is \$170. Session blocks of either 5 sessions at \$750 or 10 sessions at \$1,500 can be purchased. There is no participation in any healthcare insurance for this service. If participant refuses to pay their debt, the right is reserved to use an attorney, or collection agency to secure payment.

The cost for workshops/group sessions are as stated on the website.

Please Initial _____

Session Agreements and Cancellation Policy

Coaching and equine-facilitated activity sessions are scheduled for a specific amount of time.

For 1:1 Zoom coaching sessions, individual sessions are **50 min.**

For equine-facilitated activities, Individual sessions are 60 minutes; family sessions are two (2) hours; and groups are 90 minutes.

Participant is expected to show up on time for sessions. If participant is late, participant may not be able to have a full session, but will be charged as such. Cancellation is required at least 24 hours before the scheduled session time. In the event that a session is not cancelled within 24 hours, or if the participant fails to show up for their session without prior notice, participant will be charged the FULL amount of the session and no refunds will be given. If a participant has purchased a session package, the session will be deducted from the session package. If the participant has purchased a session block, the session will be deducted from the session package. Soulfully Bold, LLC reserves the right to terminate sessions with the participant if there is a breach in safety or if there are violations of policies set forth in this form.

Please Initial _____



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Signer Statement of Awareness

By signing this document, I acknowledge that I have received the participant agreement and I have been provided an opportunity to review it, and I understand its terms and freely and voluntarily sign the same. I also acknowledge that I am 18 years or older.

Participant Signature

Date